

San Diego Board of Supervisors District 2 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?
 "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

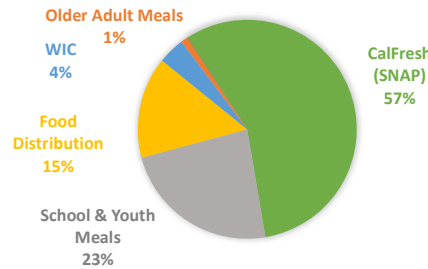
Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
District 2 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 2	Estimated Kids Nutrition Insecure	Total Seniors in District 2	Estimated Seniors Nutrition Insecure
675,693	157,717	154,301	45,796	149,426	30,972
% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
23% compared to 24% in SD County		30% compared to 31% in SD County		21% compared to 24% in SD County	

Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecurity Dashboards. San Diego, CA; May 2024.
 For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in December

Food Source	Total Meals
CalFresh (SNAP)	2,999,348
Summer EBT	-
School & Youth Meals	1,242,609
Food Distribution	795,113
WIC	211,984
Older Adult Meals	53,531
Food Distribution Program on Indian Reservations (FDPIR)	2,881
Total Meals Provided in Month	5,305,466

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
 =
 1.85 pounds of food
 =
 \$4.44 on an EBT card (metro)**
 =
 \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
14,391,694

Step 2: Subtract Estimated Self-Purchased Meals
- 6,952,350

Step 3: Subtract Total Food Assistance Meals Provided
- 5,305,466 =

Missing Meals in District 2: December 2023
2,133,878

CalFresh Participation

District 2 Total Participation	Number of People
CalFresh Recipients in December	81,514
Est. Total Population Eligible for CalFresh	128,049
Estimated CalFresh Participation Rate in District 2	64% 63% Countywide Participation Rate
Potential New CalFresh Enrollees	46,535
Additional monthly meals if half of eligible pop. was enrolled	1,009,048
\$ Issued for food from CalFresh in December	\$14,874,182
Estimated total economic impact from CalFresh spending	\$26,624,786

District 2 Senior Participation	Number of Seniors
Senior CalFresh Recipients in December	18,345
Est. Total Seniors Eligible for CalFresh	29,036
Estimated Senior CalFresh Participation Rate	63%
Potential New Senior CalFresh Enrollees	10,691

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology:
 Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.