San Diego Board of Supervisors District 3 Nutrition Insecurity Dashboard: December 2023

School & Youth

Meals 29%

Autores to 3 relating means a day. Sain Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal PovertyPopulation Nutrition InsecureNutrition Insecurein District 3Nutrition InsecureInsecure population income below 200% of Federal Poverty700,495114,618137,92021,207147,71523,66	What is "nutrition insecurity"?							
access to 3 healthy meals a day. San Diego District 3 Total Estimated People Total Children & Youth Listmated Kids Nutrition Insecure In District 3 Estimated Seniors Nutrition necews to 2014 under the obuseholds with income below 200% of Federal Poverty 700,495 114,618 37,920 21,207 147,715 23,66 Level (\$00K/year for a family of 4). % of Total Population Nutrition Insecure % of Children & Youth % of Older Adults Nutrition Insecure % of Older Adults Nutrition Insecure % of Older Adults Nutrition Insecure 15% compared to 24% in SD Courty 16% compared to 24% in SD Courty 1	what is nutrition insecurity :	Nutrition Insecurity:	Total Population	Nutri	tion Insecurity: C	hildren & Youth (0-18)	Nutrition Insecurity	y: Older Adults (60+)
income below 200% of Federal Poverty 700,495 114,518 137,320 21,207 147,715 23,56 Level (\$60K/year for a family of 4). % of Total Population Nutrition Insecure % of Children & Youth Nutrition Insecure % of Older Adults Nutrition Insecure % of Food Assistance Meals by Source Comparing types of food assistance based on USDA Moderat Food Source Total Meals % of Food Assistance Meals by Source Cost Food Plan: 1 nutritious meal %	"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition			Tot				
Level (\$60K/year for a family of 4). % of Total Population Nutrition Insecure % of Children & Youth Nutrition Insecure % of Older Adults Nutrition Insecure 16% compared to 24% in SD County nutrition. Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecure 6 Officiation Insecure 6 Officiation Insecure 16% compared to 24% in SD County Food Assistance Meals Provided in December % of Food Assistance Meals by Source Comparing types of food assistance based on USDA Moderate Food Source Total Meals Older Adult Meals CalFresh (SNAP) 1,555,553 Summer EBT - - - - School & Youth Meals 828,072 - - - Food Distribution 340,956 - - -	insecure population to be households with income below 200% of Federal Poverty	700,495	114,618		137,920	21,207	147,715	23,667
estimate of the population needing food assistance to obtain adequate daily nutrition. 16% compared to 24% in SD County 16% compared to 24% in SD County Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecurity Dashboards. San Diego, CA; May 2024. For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research. Food Assistance Meals Provided in December % of Food Assistance Meals by Source Comparing types of food assistance based on USDA Moderat Cost Food Plan: CalFresh (SNAP) 1,555,553 1 nutritious meal Summer EBT - School & Youth Meals 828,072 Food Distribution 340,956	Level (\$60K/year for a family of 4).				% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
assistance to obtain adequate daily nutrition. Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecurity Dashboards. San Diego, CA; May 2024. For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research. Food Assistance Meals Provided in December % of Food Assistance Meals by Source Comparing types of food assistance based on USDA Moderate Food Source Total Meals Older Adult Meals CalFresh (SNAP) 1 nutritious meal School & Youth Meals 828,072 Food Food Structure CalFresh (SNAP) 1.855 pounds of food Food Distribution 340,956 Food Distribution East East East		16% <u>«</u>	ompared to 24% in SD County		15%	compared to 31% in SD County	16%	compared to 24% in SD County
Food Source Total Meals CalFresh (SNAP) 1,555,553 Summer EBT - School & Youth Meals 828,072 Food Distribution 340,956	nutrition.		For maps, data tab	les and additional das	hboards by electora	al district, please visit www	sdhunger.org/research	1.
CalFresh (SNAP) 1,555,553 1 nutritious meal Summer EBT - 1% CalFresh (SNAP) = School & Youth Meals 828,072 Food 56% 1.85 pounds of food Food Distribution 340,956 Distribution =	Food Assistance Meals Provided i	n December	<u>% of F</u>	ood Assistance Mea	Is by Source	Compari	ng types of food assista	ance based on USDA Moderate
Summer EBT - 1% (SNAP) = School & Youth Meals 828,072 Food 56% 1.85 pounds of food Food Distribution 340,956 Distribution =					ls by Source	<u>Compari</u>		
School & Youth Meals 828,072 Food Distribution 340,956	Food Source	Total Meals	Older Adı	ult Meals		Compari	Cost Foo	od Plan:
Food Distribution 340,956 Distribution =	Food Source CalFresh (SNAP)	Total Meals 1,555,553	Older Ad	ult Meals	CalFresh	Comparin	<u>Cost Foo</u> 1 nutrition	od Plan:
WIC 19,596 12% \$4.44 on an EBT card (metro)**	Food Source CalFresh (SNAP) Summer EBT	Total Meals 1,555,553 -	Older Adı WIC 2: 1%	ult Meals	CalFresh (SNAP)	Compari	<u>Cost Foo</u> 1 nutrition =	<u>od Plan:</u> us meal
	Food Source CalFresh (SNAP) Summer EBT School & Youth Meals	Total Meals 1,555,553 - 828,072	Older Adı WIC ²⁵ 1% Food	ult Meals	CalFresh (SNAP)	<u>Compari</u>	<u>Cost Foo</u> 1 nutrition =	<u>od Plan:</u> us meal

\$5.40 on an EBT card (rural)**

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** Cost of nutritious meal adapted for San Diego prices and population.

Missing Meals in District 3: December 2023

Calculating Missing Meals

CalFresh Participation

Older Adult Meals

Food Distribution Program on Indian

Reservations (FDPIR)

Total Meals Provided in Month

Step 1: Total Meals Needed by Nutrition Insecure Population 10,458,914 Step 2: Subtract Estimated Self-Purchased Meals 5,411,849

52,496

-

2,796,674

Step 3: Subtract Total Food Assistance Meals Provided - 2,796,674

District 3 Total Participation	Number of Pe	ople
CalFresh Recipients in December	34,604	
Est. Total Population Eligible for CalFresh	91,014	
Estimated CalFresh Participation Rate in District 3	38%	63%
Potential New CalFresh Enrollees	56,410	Countywide Participation Rate
Additional monthly meals if half of eligible pop. was enrolled	1,223,171	
\$ Issued for food from CalFresh in December	\$6,911,182	
Estimated total economic impact from CalFresh spending	\$12,371,015	

District 3 Senior Participation	Number of Seniors
Senior CalFresh Recipients in December	11,084
Est. Total Seniors Eligible for CalFresh	22,003
Estimated Senior CalFresh Participation Rate	50%
Potential New Senior CalFresh Enrollees	10,919

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For full methology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based

participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.

2,250,391

Hunger Free San Diego