

CA State Senate District 32 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?
 "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
District 32 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 32	Estimated Kids Nutrition Insecure	Total Seniors in District 32	Estimated Seniors Nutrition Insecure
9,270	2,525	1,025	350	3,866	831
% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
27% compared to 24% in SD County		34% compared to 31% in SD County		21% compared to 24% in SD County	

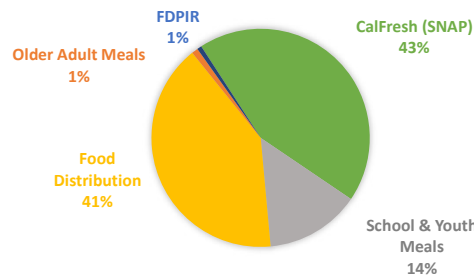
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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	49,313
Summer EBT	-
School & Youth Meals	15,861
Food Distribution	45,975
WIC	-
Older Adult Meals	1,041
Food Distribution Program on Indian Reservations (FDPIR)	759
Total Meals Provided in Month	112,949

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate

Cost Food Plan:

1 nutritious meal
 =
 1.85 pounds of food
 =
 \$4.44 on an EBT card (metro)**
 =
 \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
230,417

Step 2: Subtract Estimated Self-Purchased Meals
104,680

Step 3: Subtract Total Food Assistance Meals Provided
112,949

Missing Meals in District 32: December 2023
12,788

CalFresh Participation

District 32 Total Participation	Number of People	
CalFresh Recipients in September	1,510	
Est. Total Population Eligible for CalFresh	2,117	
Estimated CalFresh Participation Rate in District 32	71%	63% Countywide Participation Rate
Potential New CalFresh Enrollees	607	
Additional monthly meals if half of eligible pop. was enrolled	13,161	
\$ Issued for food from CalFresh in September	\$266,312	
Estimated total economic impact from CalFresh spending	\$476,699	

District 32 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	518
Est. Total Seniors Eligible for CalFresh	828
Estimated Senior CalFresh Participation Rate	63%
Potential New Senior CalFresh Enrollees	310

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology:
 Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.