

CA State Senate District 39 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 39 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 39	Estimated Kids Nutrition Insecure	Total Seniors in District 39	Estimated Seniors Nutrition Insecure
	938,715	251,653	176,356	64,135	178,059	45,848
	% of Total Population Nutrition Insecure	% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure		
	27% compared to 24% in SD County	36% compared to 31% in SD County		26% compared to 24% in SD County		

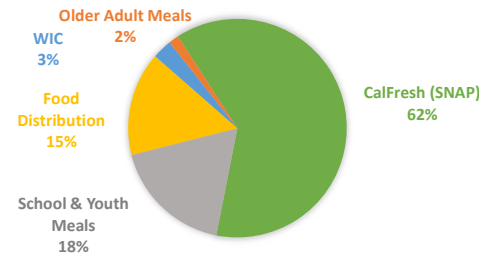
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecurity Dashboards. San Diego, CA; May 2024.
For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	5,183,529
Summer EBT	-
School & Youth Meals	1,493,776
Food Distribution	1,279,467
WIC	244,113
Older Adult Meals	123,914
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	8,324,800

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate

Cost Food Plan:

1 nutritious meal
=
1.85 pounds of food
=
\$4.44 on an EBT card (metro)**
=
\$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
22,963,350

Step 2: Subtract Estimated Self-Purchased Meals
12,187,393

Step 3: Subtract Total Food Assistance Meals Provided
8,324,800

Missing Meals in District 39: December 2023
2,451,157

CalFresh Participation

District 39 Total Participation	Number of People
CalFresh Recipients in September	122,543
Est. Total Population Eligible for CalFresh	199,688
Estimated CalFresh Participation Rate in District 39	61% 63% Countywide Participation Rate
Potential New CalFresh Enrollees	77,145
Additional monthly meals if half of eligible pop. was enrolled	1,672,799
\$ Issued for food from CalFresh in September	\$23,029,953
Estimated total economic impact from CalFresh spending	\$41,223,616

District 39 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	30,209
Est. Total Seniors Eligible for CalFresh	43,543
Estimated Senior CalFresh Participation Rate	69%
Potential New Senior CalFresh Enrollees	13,334

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.