

# US Congressional District CA-52 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"? "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District CA-52 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District CA-52	Estimated Kids Nutrition Insecure	Total Seniors in District CA-52	Estimated Seniors Nutrition Insecure
	698,822	226,415	163,435	72,189	127,918	39,479
	% of Total Population Nutrition Insecure <b>32%</b> compared to 24% in SD County		% of Children & Youth Nutrition Insecure <b>44%</b> compared to 31% in SD County		% of Older Adults Nutrition Insecure <b>31%</b> compared to 24% in SD County	

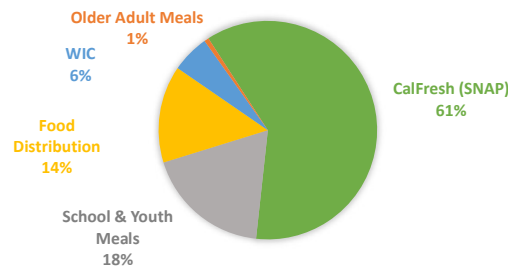
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For maps, data tables and additional dashboards by electoral district, please visit [www.sdhunger.org/research](http://www.sdhunger.org/research).

## Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	5,207,939
Summer EBT	-
School & Youth Meals	1,581,185
Food Distribution	1,233,529
WIC	475,835
Older Adult Meals	57,732
Food Distribution Program on Indian Reservations (FDPIR)	-
<b>Total Meals Provided in Month</b>	<b>8,556,220</b>

## % of Food Assistance Meals by Source



## Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal  
= 1.85 pounds of food  
= \$4.44 on an EBT card (metro)\*\*  
= \$5.40 on an EBT card (rural)\*\*

\*\* Cost of nutritious meal adapted for San Diego prices and population.

## Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population  
**20,660,370**

Step 2: Subtract Estimated Self-Purchased Meals  
**11,154,979**

Step 3: Subtract Total Food Assistance Meals Provided  
**8,556,220**

## Missing Meals in CA-52: December 2023

**949,170**

## CalFresh Participation

District CA-52 Total Participation	Number of People
CalFresh Recipients in September	125,738
Est. Total Population Eligible for CalFresh	169,746
<b>Estimated CalFresh Participation Rate in District CA-52</b>	<b>74%</b> <span style="color: red;">63%</span> Countywide Participation Rate
<b>Potential New CalFresh Enrollees</b>	<b>44,008</b>
<b>Additional monthly meals if half of eligible pop. was enrolled</b>	<b>954,254</b>
\$ Issued for food from CalFresh in September	\$23,138,406
Estimated total economic impact from CalFresh spending	\$41,417,747

District CA-52 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	30,296
Est. Total Seniors Eligible for CalFresh	37,761
<b>Estimated Senior CalFresh Participation Rate</b>	<b>80%</b>
<b>Potential New Senior CalFresh Enrollees</b>	<b>7,465</b>

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: [www.sdhunger.org/research](http://www.sdhunger.org/research).

**Methodology:** Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.