

CA Assembly District 75 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 75 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 75	Estimated Kids Nutrition Insecure	Total Seniors in District 75	Estimated Seniors Nutrition Insecure
	627,705	138,628	145,642	40,257	138,976	28,692
	% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
	22% compared to 24% in SD County		28% compared to 31% in SD County		21% compared to 24% in SD County	

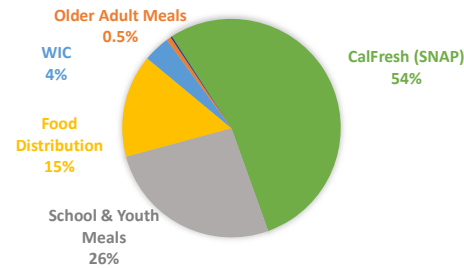
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	2,632,340
Summer EBT	-
School & Youth Meals	1,286,508
Food Distribution	746,744
WIC	192,384
Older Adult Meals	32,506
Food Distribution Program on Indian Reservations (FDPIR)	11,538
Total Meals Provided in Month	4,902,020

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
= 1.85 pounds of food
= \$4.44 on an EBT card (metro)**
= \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
12,649,776

Step 2: Subtract Estimated Self-Purchased Meals
6,102,515

Step 3: Subtract Total Food Assistance Meals Provided
4,902,020

Missing Meals in District 75: December 2023
1,645,241

CalFresh Participation

District 75 Total Participation	Number of People	
CalFresh Recipients in September	72,313	
Est. Total Population Eligible for CalFresh	110,088	
Estimated CalFresh Participation Rate in District 75	66%	63% Countywide Participation Rate
Potential New CalFresh Enrollees	37,775	
Additional monthly meals if half of eligible pop. was enrolled	819,096	
\$ Issued for food from CalFresh in September	\$13,176,707	
Estimated total economic impact from CalFresh spending	\$23,586,305	

District 75 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	16,636
Est. Total Seniors Eligible for CalFresh	26,872
Estimated Senior CalFresh Participation Rate	62%
Potential New Senior CalFresh Enrollees	10,236

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.