

CA Assembly District 76 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 76 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 76	Estimated Kids Nutrition Insecure	Total Seniors in District 76	Estimated Seniors Nutrition Insecure
	440,593	82,806	109,509	23,578	87,662	16,790
	% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
	19% compared to 24% in SD County		22% compared to 31% in SD County		19% compared to 24% in SD County	

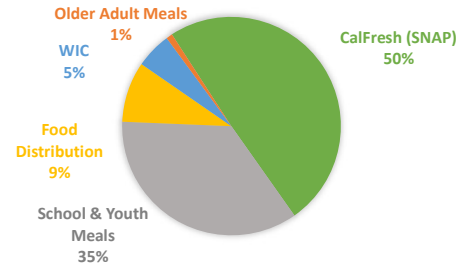
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	1,105,129
Summer EBT	-
School & Youth Meals	791,120
Food Distribution	200,662
WIC	118,365
Older Adult Meals	21,080
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	2,236,357

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
= 1.85 pounds of food
= \$4.44 on an EBT card (metro)**
= \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
7,556,059

Step 2: Subtract Estimated Self-Purchased Meals
3,881,890

Step 3: Subtract Total Food Assistance Meals Provided
2,236,357

Missing Meals in District 76: December 2023
1,437,812

CalFresh Participation

District 76 Total Participation	Number of People
CalFresh Recipients in September	27,644
Est. Total Population Eligible for CalFresh	60,142
Estimated CalFresh Participation Rate in District 76	46% 63% Countywide Participation Rate
Potential New CalFresh Enrollees	32,498
Additional monthly meals if half of eligible pop. was enrolled	704,670
\$ Issued for food from CalFresh in September	\$5,119,488
Estimated total economic impact from CalFresh spending	\$9,163,884

District 76 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	7,207
Est. Total Seniors Eligible for CalFresh	15,744
Estimated Senior CalFresh Participation Rate	46%
Potential New Senior CalFresh Enrollees	8,537

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.