

CA Assembly District 77 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 77 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 77	Estimated Kids Nutrition Insecure	Total Seniors in District 77	Estimated Seniors Nutrition Insecure
	446,802	80,686	75,435	13,241	101,743	16,833
	% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
	18% compared to 24% in SD County		18% compared to 31% in SD County		17% compared to 24% in SD County	

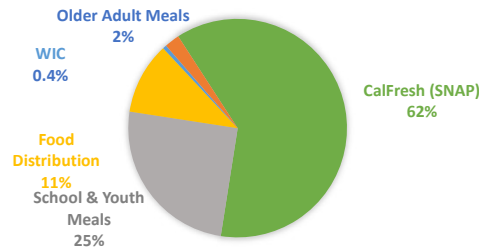
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	1,036,767
Summer EBT	-
School & Youth Meals	419,669
Food Distribution	179,584
WIC	8,800
Older Adult Meals	37,520
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	1,682,341

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate

Cost Food Plan:

1 nutritious meal
= 1.85 pounds of food
= \$4.44 on an EBT card (metro)**
= \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
7,362,627

Step 2: Subtract Estimated Self-Purchased Meals
3,768,191

Step 3: Subtract Total Food Assistance Meals Provided
1,682,341

Missing Meals in District 77: December 2023
1,912,096

CalFresh Participation

District 77 Total Participation	Number of People
CalFresh Recipients in September	22,560
Est. Total Population Eligible for CalFresh	64,642
Estimated CalFresh Participation Rate in District 77	35% 63% Countywide Participation Rate
Potential New CalFresh Enrollees	42,082
Additional monthly meals if half of eligible pop. was enrolled	912,488
\$ Issued for food from CalFresh in September	\$4,606,264
Estimated total economic impact from CalFresh spending	\$8,245,213

District 77 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	6,982
Est. Total Seniors Eligible for CalFresh	15,785
Estimated Senior CalFresh Participation Rate	44%
Potential New Senior CalFresh Enrollees	8,803

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.