

CA Assembly District 79 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 79 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 79	Estimated Kids Nutrition Insecure	Total Seniors in District 79	Estimated Seniors Nutrition Insecure
	469,407	159,521	104,280	47,915	83,134	26,233
	% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
	34% compared to 24% in SD County		46% compared to 31% in SD County		32% compared to 24% in SD County	

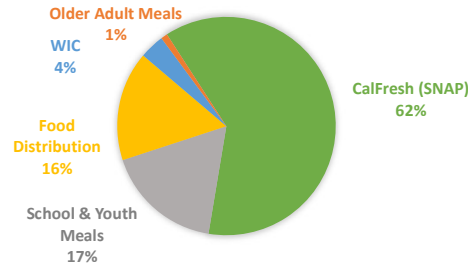
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	3,617,101
Summer EBT	-
School & Youth Meals	1,013,867
Food Distribution	951,607
WIC	214,184
Older Adult Meals	56,669
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	5,853,429

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
= 1.85 pounds of food
= \$4.44 on an EBT card (metro)**
= \$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
14,556,319

Step 2: Subtract Estimated Self-Purchased Meals
7,739,074

Step 3: Subtract Total Food Assistance Meals Provided
5,853,429

Missing Meals in District 79: December 2023
963,817

CalFresh Participation

District 79 Total Participation	Number of People
CalFresh Recipients in September	86,688
Est. Total Population Eligible for CalFresh	127,671
Estimated CalFresh Participation Rate in District 79	68% 63% Countywide Participation Rate
Potential New CalFresh Enrollees	40,984
Additional monthly meals if half of eligible pop. was enrolled	888,682
\$ Issued for food from CalFresh in September	\$16,070,456
Estimated total economic impact from CalFresh spending	\$28,766,116

District 79 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	18,929
Est. Total Seniors Eligible for CalFresh	24,973
Estimated Senior CalFresh Participation Rate	76%
Potential New Senior CalFresh Enrollees	6,044

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.