

CA Assembly District 80 Nutrition Insecurity Dashboard: December 2023



What is "nutrition insecurity"?	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 80 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 80	Estimated Kids Nutrition Insecure	Total Seniors in District 80	Estimated Seniors Nutrition Insecure
	484,672	148,952	114,351	46,713	89,979	26,552
	% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
	31% compared to 24% in SD County		41% compared to 31% in SD County		30% compared to 24% in SD County	

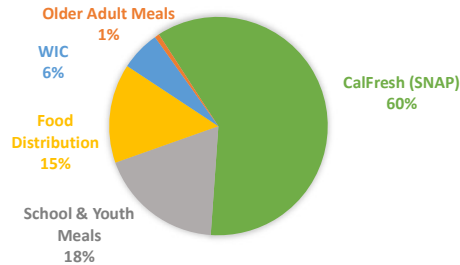
"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

Please cite this report as: San Diego Hunger Coalition. December 2023 Nutrition Insecurity Dashboards. San Diego, CA; May 2024.
For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	3,515,551
Summer EBT	-
School & Youth Meals	1,077,106
Food Distribution	854,765
WIC	343,881
Older Adult Meals	40,592
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	5,831,895

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
=
1.85 pounds of food
=
\$4.44 on an EBT card (metro)**
=
\$5.40 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
13,591,885

Step 2: Subtract Estimated Self-Purchased Meals
7,369,257

Step 3: Subtract Total Food Assistance Meals Provided
5,831,895

Missing Meals in District 80: December 2023
390,733

CalFresh Participation

District 80 Total Participation	Number of People	
CalFresh Recipients in September	85,188	
Est. Total Population Eligible for CalFresh	110,255	
Estimated CalFresh Participation Rate in District 80	77%	63% Countywide Participation Rate
Potential New CalFresh Enrollees	25,067	
Additional monthly meals if half of eligible pop. was enrolled	543,554	
\$ Issued for food from CalFresh in September	\$15,619,275	
Estimated total economic impact from CalFresh spending	\$27,958,501	

District 80 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	21,307
Est. Total Seniors Eligible for CalFresh	25,155
Estimated Senior CalFresh Participation Rate	85%
Potential New Senior CalFresh Enrollees	3,848

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.